MANUAL ON MANAGEMENT OF DRUGS

SECOND REVISION 2008

MINISTRY OF HEALTH CARE & NUTRITION GOVERNMENT OF THE DEMOCRATIC SOCIALIST REPUBLIC OF SRI LANKA. 385, DEANS ROAD, COLOMBO 10, SRI LANKA

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MESSAGE BY THE HON. MINISTER OF HEALTHCARE & NUTRITION

It is with great pleasure that I am releasing this message which is to be published in the 3rd Edition of the "Manual of management of Drugs."

Sri Lanka is one of the few countries that provides health care free of charge to whole of its population. His Excellency Mahinda Rajapaksha believes that by investing in free healthcare, we can produce a healthy work force that can contribute positively towards the development of the country. As a major proportion of health expenditure is on drugs, the contents of this publication are extremely important.

The latest edition of this publication includes the revisions made to accommodate the changes due to the setting up of provincial councils and devolution of authorities to provincial health ministries and I hope that it will significantly contribute towards the better management of drugs in the institutions under the Ministry of Healthcare & Nutrition and Provincial council.

I would like to thank to the officials of my Ministry for their hand work in publishing this revised edition and especially wish to appreciate the efforts of the Director of the Medical Supplies Division and the Director of the Medical Technology & Supplies.

Hon. Nimal Siripala de Silva Minister of Healthcare & Nutrition.

MESSAGE BY THE SECRETARY/ MINISTRY OF HEALTHCARE & NUTRITION

I am pleased to release this message for the 3^{rd} edition of the "Manual of Management of Drugs".

Sri Lanka has based its healthcare system on the Primary Healthcare approach and one of the key areas in this approach is the supply of pharmaceuticals which take up a sizable portion of the health budget. In order to achieve the maximum benefit from this sizable investment, it is necessary to ensure proper management of drugs. Hence this publication is very important in this context.

The first 2 editions of this book have been widely used by healthcare professionals and administrators not only from Sri Lanka but from numerous regions in the world. I anticipate that this edition too, which has taken into account the numerous changers that have taken place especially with the devolution of management of Health Services to the provinces will be well received.

I also wish to thank all the officials from the Ministry of Healthcare & Nutrition especially the Director of the Medical Supplies Division and the Director of the Medical Technology & Supplies for their valuable contribution in publishing this book.

Dr.H.A.P. Kahadaliyanage Secretary/Ministry of Healthcare & Nutrition

PREFACE

It is with pleasure that I write this preface to the 3rd edition of the "Manual on Management of Drugs."

This Manual, first published in May 1987 and revised in June 1993, was well received both nationally and internationally. It is widely known and used by those involved in the drug supply system in Sri Lanka.

Over the fifteen years the contents of the manual were discussed at various workshops and meetings and the views expressed noted. Far reaching changes also took place in the drug management system, with the setting up of the Regional MSD in provincial councils. There was thus a need for a revision of the manual, and this second revision is the result.

I am thankful to all those who were involved in revising this edition. Special mention must be made of Director, MSD and his staff, Director, MT & S and his staff, and all the contributors who actively participated and contributed much towards this revision.

It is my hope that this manual will contribute positively towards the ready availability and efficient management of essential drugs in the health care institutions in Sri Lanka.

Dr. U. A. Mendis Director General of Health Services Ministry of Healthcare & Nutrition It is a great pleasure for me to have contributed to the 2nd Revision of the Manual on Management of Drugs. The manual is the standard reference for those who are involved in the management of pharmaceuticals at different institutions with different responsibilities in the public sector, for example health care institutions of different levels, MSD, RMSD, Offices of RDHS, SPC, etc.

The cost of pharmaceuticals to the Ministry of Health has been increasing over the years due to multiple reasons such as opening up of new units, expansion of health care delivery system, epidemiological transition from communicable disease to non communicable, and the invention of new drugs which are costlier. Though the budgetary allocation has been increasing every year, there is always a gap between the cost of estimated requirements and available funds. Therefore efficient management of available resources in the pharmaceutical supply chain by all stakeholders at each level is very important. In this context, the Manual on Management of Drugs would be of immense use.

In working to this end, I have been fortunate in having the assistance of a group of distinguish contributors. I am very grateful to the contributors who have endeavored to this manual as up to date and comprehensive as possible in spite of the heavy involvement in their routine work.

I owe a special word of thanks to Prof.R.L.Jayakody for his valuable suggestions and guidance in completing this manuscript.

The financial assistance of WHO towards this publication is acknowledged with thanks.

At last, but not least the encouragement support extended by Dr U.A. Mendis, DGHS is very much appreciated.

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ABBREVIATIONS

AD : Assistant Director CP : Chief pharmacist

CDD : Cosmetics, Devices and Drugs

CDDA : Cosmetics, Devices and Drugs Authority

D(F) : Director (Finance) DC : Dental Clinic DCP : Director Campaign DDG : Deputy Director General : Divisional Drug Store DDS DHC : Divisional Health Center Divisional Health Officer DHO DP : Divisional Pharmacist

DRMP : Divisional Registered Medical Practitioner

DTCO : District Tuberculosis Control Officer

D/PHVS : Director/ Public Health Veterinary Service

DD : Deputy Director

DDG (LS) : Deputy Director General (Laboratory Services)

DESC : Drug Evaluation Sub Committee
DGHS : Director General of Health Services
DHS : Department of Health Services
DRA : Drug Regulatory Authority
FR : Financial Regulations

GMP : Good Manufacturing Practices HSCO : Head Stock Control Officer

ID : Infectious Diseases
IDD : In-Door Dispensary

MCH: Maternal and Child Health
MOH: Medical Officer of Health
MSD: Medical Supplies Division
MT & S.

Medical Technology & Sur

MT & S : Medical Technology & Supplies

NDQAL : National Drug Quality Assurance Laboratory
NORAD : Norwegian Agency for Development Co-operation

OIC : Officer in charge
ORS : Oral Rehydration Salts
OT : Operating Theater

ODD : Out-Door Dispensary
OPD : Out Patient Department

PDHS : Provincial Director of Health Services

PPA : Programme planning Assistant

RDHS : Regional Director of Health Services RMSD : Regional Medical Supplies Divisions

SDHC : Sub Divisional Health Services

SMO : Senior Medical Officer
STV : Stock Transfer Voucher
SV : Stock Verification
SH : Secretary Health
SK : Store Keeper

SLSI : Sri Lanka Standards Institute
SPC : State Pharmaceuticals Corporation
TAC : Technical Advisory Committee

TB : Tuberculosis

WHO : World Health Organization

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